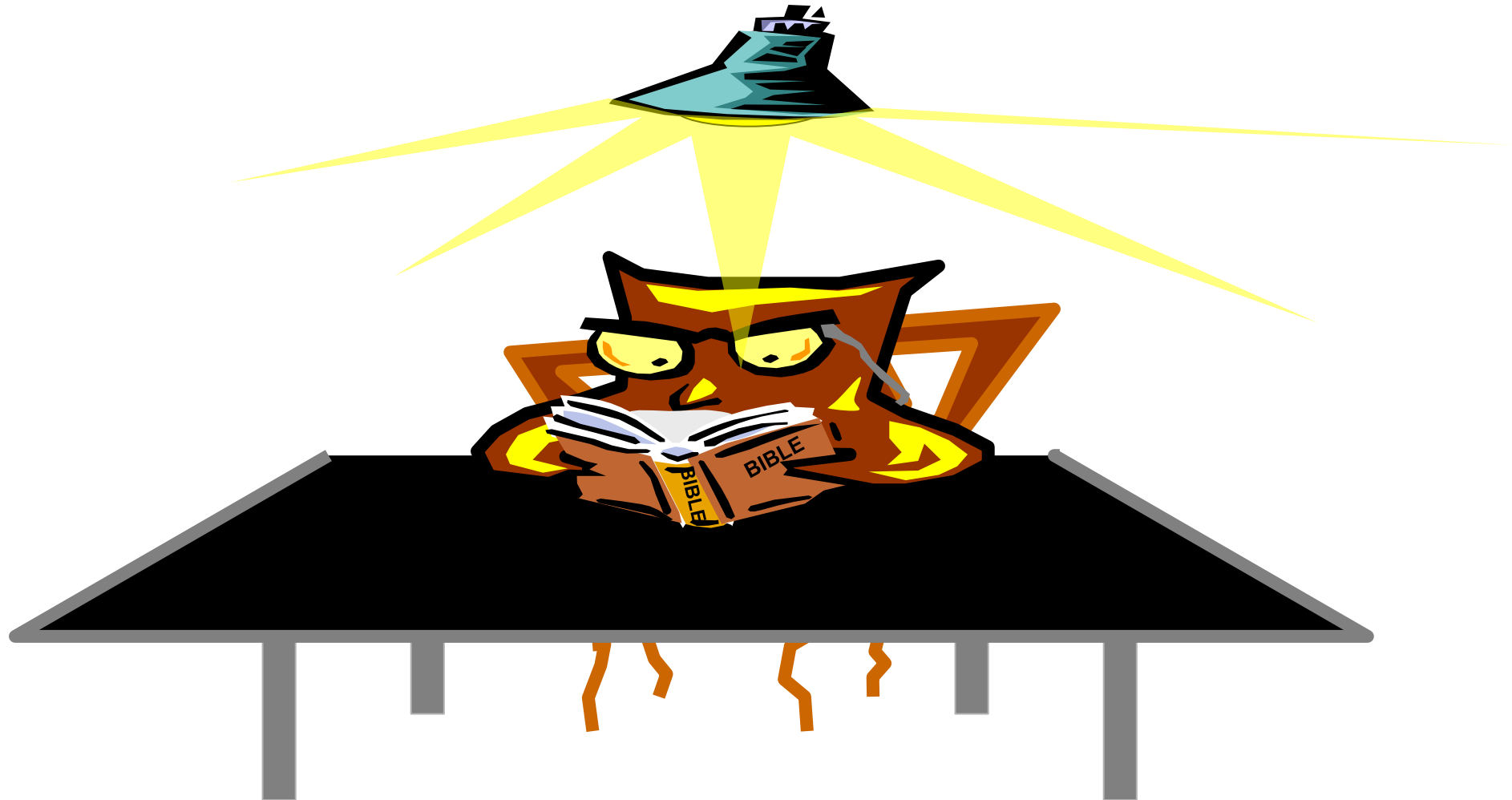


EDUCATOR'S DELIGHT

(504) 390--6145



BEHAVIOR MODIFICATION FOR SUBSTANCE ABUSERS

by: RONALD FLETCHER MSW, LCSW-BACS



PURPOSE

- To teach participants the continued usefulness of behavior modification when worked effectively. To ensure that participants have an applicable knowledge of Behavior Modification.

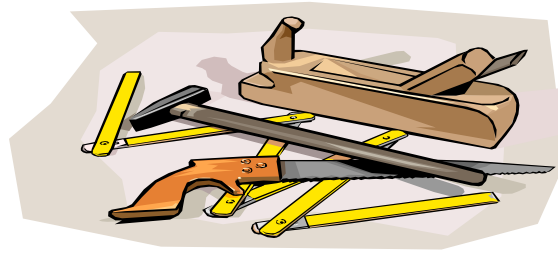
GOALS

- 1) Participants will understand what Behavior modification is and how it works.
- 2) Participants will understand how to use Behavior Modification effectively.
- 3) Participants will understand what makes Behavior Modification ineffective.
- 4) Participants will become familiar with the terms, and techniques associated with behavior Modification.

BEHAVIOR MODIFICATION

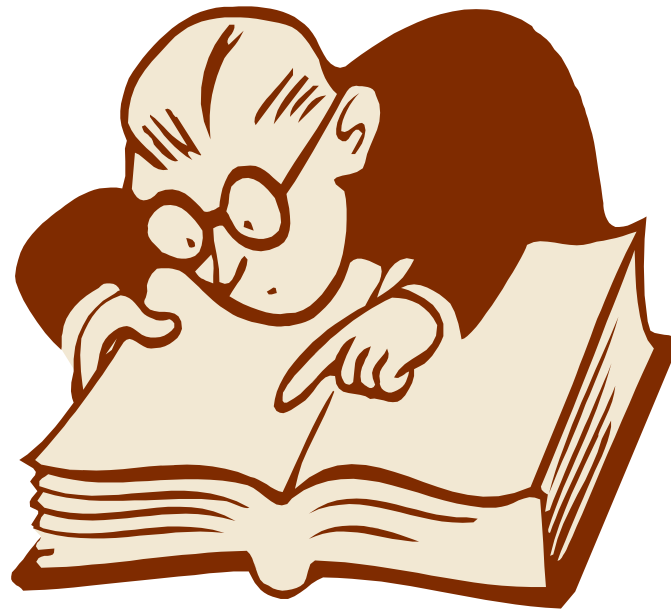
WHAT IS BEHAVIOR
MODIFICATION





- Behavior Modification is a set of tools, skills, and techniques used for changing observable behavior patterns. If Behavior Modification techniques are to be used effectively at least a general knowledge of the population to which the techniques are to be used must be at the grasp of the practitioner/behaviorist. The Practitioner of behavior modification must know acceptable and appropriate behavior associated with specific roles.

ASSOCIATED TERMS



- **Classical Conditioning:** When a non-stimulant becomes a stimulant due to multiple pairing with a non stimulant.
- **Operant:** Learning in which the consequence of the behavior increases or decreases the probability of the behavior.
- **Consequences:** The effects of an event.
- **Punishment:** Response by the behaviorist designed to decrease the probability of undesirable behavior.
- **Reinforcement:** Response by the behaviorist designed to increase the probability of desirable behavior.

TECHNIQUES



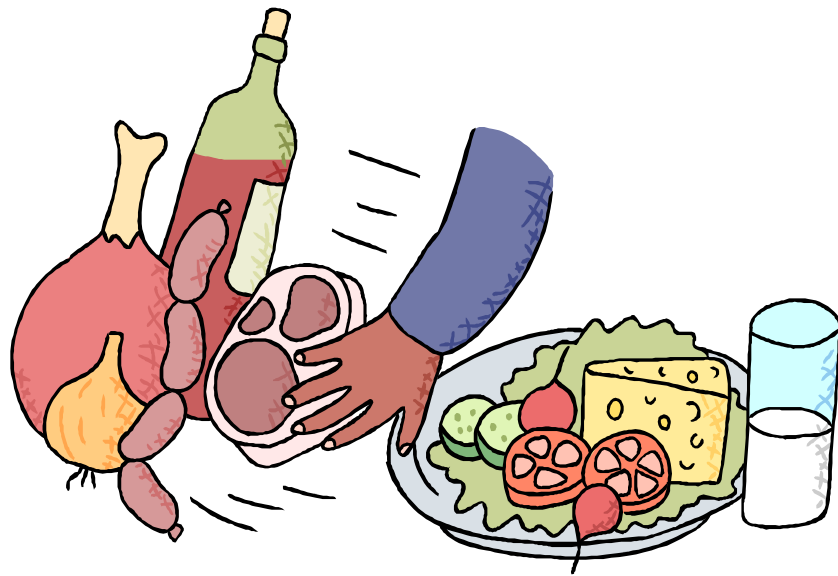
SYSTEMIC DESENSITIZATION



SYSTEMIC DESENSITIZATION



AVERSION THERAPY



BIOFEEDBACK



TOOLS

- RESOURCES PATIENCE
- KNOWLEDGE
- FACILITY
- RULES
- FUNDING
- PERSONALITY
- PEOPLE SKILLS

WHAT MAKES BEHAVIOR MODIFICATION INEFFECTIVE



- A) Broken promises
- B) Incongruent/mixed messages
- C) Reinforcement Negative behavior
- D) Misinterpretation of what is being seen

WHAT MAKES BEHAVIOR MODIFICATION EFFECTIVE



- Appropriate Consequences
- Consistency
- Reinforcement of appropriate behavior
- Clear communication
- Follow through

Conclusion

- We teach people how to treat us. We teach them what is acceptable and what is not, What we will tolerate and what we will not, behaviors that will be tolerated and behaviors that won't. We do this through the establishment of rules, regulations, and behaviors, but not only through the establishment of them but through the consistent, enforcement and reinforcement of them.